

ARCH RESIDENT SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8AM	Mandatory wake up time for all residents (for residents looking for work, they must be out of the house).				
8am-5pm	Report to Work (Development of Vocational Skills and Training Activities) If residents have the day off, they must participate in the following activities: Development of Recreation and Leisure Skills with other peers AA meetings (Linkages to Community Resources and development of a social network) Individual Counseling with staff Educational Activities by reading AA literature and completing assignments				
530pm	Mandatory House Meeting for all Residents (Group Therapy)				
600pm	Mandatory Supper for all Residents				
630pm-9pm	Group Therapy	AA activity Group Function(community resources)	AA Activity Group Function(community resources)	Group Therapy	Friday Night Camel Meeting (community resources and social network)
9pm-12am	Resident phase groups Resident life story groups Development of community living skills Education on Wellness and Recovery Development of recreational and leisure skills				
12am	Mandatory curfew (1am Friday and Saturday)				

Time	Saturday	Sunday
8AM	Mandatory Wake Up time for all residents (Some residents may be working during the weekend)(Development of vocational skills)	
8-10am	Big Book Study (education on recovery), group activities on wellness and recreation, peer support and relationship building.	
10AM-5PM	Development of Recreation and Leisure Skills with other peers AA meetings (Linkages to Community Resources and development of a social network). Group functions (development of a social support network). Family support with approved visits	
6pm-12am	Support groups Resident phase groups Resident wants/needs group (Therapeutic Activities)	Cares and Concerns group to determine chore assignments and handle any peer resident business. Chores (Training activities)
12am	Mandatory curfew (1am Friday and Saturday)	

